

# Useful Telephone Numbers

## Cost of Living Crisis

Some of the following telephone numbers may be useful for you or someone who would benefit from additional support

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## Local Council Housing Office

Advice for Council tenants regarding financial inclusion and referrals to other support agencies.

**Open:**

**Monday - Thursday 9:00 - 16:30**

**Friday 9:00 - 16:00**

### **Broughton**

Phone: 01978 292063

Email: [broughton.estateoffice@wrexham.gov.uk](mailto:broughton.estateoffice@wrexham.gov.uk)

### **Caia**

Phone: 01978 292067

Email: [caia.estateoffice@wrexham.gov.uk](mailto:caia.estateoffice@wrexham.gov.uk)

### **Gwersyllt**

Phone: 01978 315680

Email: [gwersyllteo@wrexham.gov.uk](mailto:gwersyllteo@wrexham.gov.uk)

### **Plas Madoc**

Phone: 01978 292061

Email: [plasmadoc.estateoffice@wrexham.gov.uk](mailto:plasmadoc.estateoffice@wrexham.gov.uk)

### **Rhos**

Phone: 01978 292065

Email: [rhoseo@wrexham.gov.uk](mailto:rhoseo@wrexham.gov.uk)

### **Wrexham Central**

Phone: 01978 292062

Email: [wrexham.central@wrexham.gov.uk](mailto:wrexham.central@wrexham.gov.uk)



## Age Cymru

Phone: 0300 303 44

Website: [ageuk.org.uk/cymru](http://ageuk.org.uk/cymru)

The largest charity working with and for older people in Wales.



## AVOW

Association of Voluntary Organisations in Wrexham  
Cymdeithas Mudiadau Gwirfoddol Wrecsam

## AVOW

Phone: 01978 312556

Website: [avow.org](http://avow.org)

Aims to support and develop the community and voluntary sector within Wrexham County Borough.



## Citizens' Advice Bureau

Phone: 0300 330 1178

Website: [wrexham.citizenadvice.com](http://wrexham.citizenadvice.com)

Open: Monday, Wednesday, Friday  
9:30 - 14:30

For general advice and Food Bank vouchers.



## **Dewis Cymru**

**Website:** [dewis.wales](http://dewis.wales)

A source of useful information and advice about your well-being.

It contains links to and contact details of support services in Wrexham.



**NATIONAL  
DEBTLINE**

## **National Debt Line**

**Phone:** 0808 808 4000

**Website:** [nationaldebtline.org](http://nationaldebtline.org)

**Open:** Monday - Friday 9:00 - 20:00

**Saturday 9:30 - 13:00**

Call for free debt advice.

Web chat with an adviser is the fastest way to speak to an adviser.



## **The Salvation Army**

**Phone:** 01978 311076 (Wrexham Citadel)

**Phone:** 02073 674500 (Head Office)

**Website:** [salvationarmy.org.uk](http://salvationarmy.org.uk)

Delivers a variety of community support projects.



## **Step Change**

Freephone: 0330 122 0920

Phone: 0800 138 1111

Website: [changeindebt.co.uk](http://changeindebt.co.uk)

Open: Monday - Friday 8:00 - 18:00

Saturday 8:00 - 16:00

Free debt and money advice.



**WARM WALES**  
**CYMRU GYNNES**

## **Warm Wales**

Phone: 01656 747 622

Website: [warmwales.org.uk](http://warmwales.org.uk)

Warm Wales are the oldest Community Interest Company in Wales that aim to provide homes with affordable warmth and to alleviate fuel poverty.



## **Wrexham Food Bank**

Website: [wrexham.foodbank.org.uk](http://wrexham.foodbank.org.uk)

Emergency Food Parcels supplied to families in hardship.

You must have been issued with a voucher to exchange.

For Food Bank vouchers contact:

### **Wrexham Citizens' Advice Bureau**

Phone: 0300 330 1178

Website: [wrexham.citizenadvice.com](http://wrexham.citizenadvice.com)

If you live in England or Wales, please call

### **Help through Hardship**

To talk confidentially to a trained Citizen Advice adviser

Phone: 0808 208 2138

Open: Monday - Friday 9:00 - 17:00

Closed public holidays.

